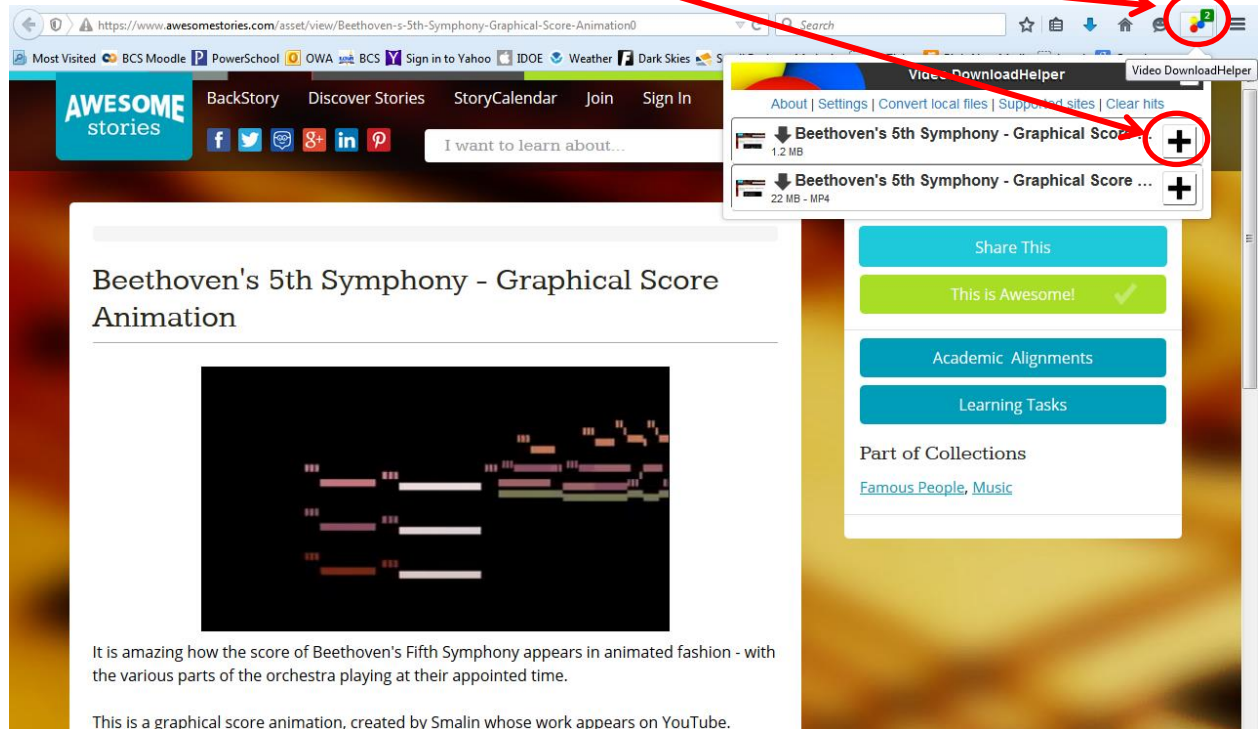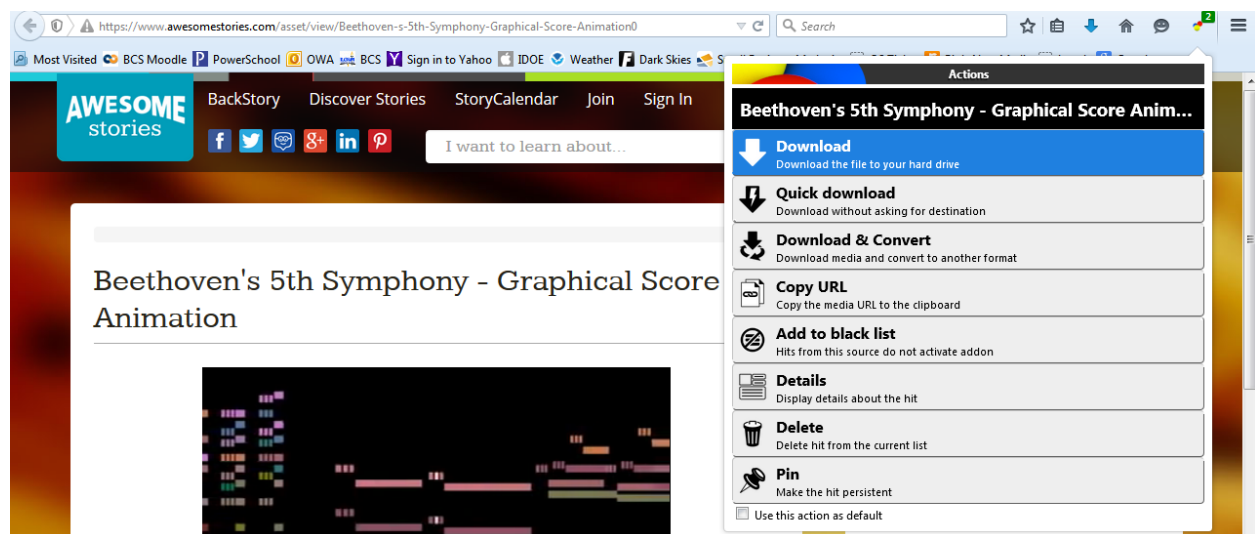# DOWNLOADING WITH FIREFOX DOWNLOAD HELPER

1. Open to the video you need to download in Firefox
2. Click on the 3 spheres icon
3. Click the plus next to the version you want

> If you do not see the three spheres, download the Firefox Helper here:
> https://addons.mozilla.org/en-US/firefox/addon/video-downloadhelper/

4. Choose the type of download and location

5. Go to that location and open the file.