

Write a letter to your future self

Write at least one paragraph for each of the following five parts of the “Letter to Self.” Paragraphs may vary greatly in length.

1. **ME, NOW:** my hopes, fears, likes, dislikes, joys, frustrations; what I like about myself; what I don’t like about myself; what I’m proud of; what I think about; what bothers me; who I am, etc.
2. **MY SCHOOL YEAR:** What am I most excited about for this year and the rest of high school? What things have me concerned?
3. **MY GOALS:** what do I want to accomplish at school and outside of school? How do I want to grow academically, emotionally, and spiritually?
4. **MY FUTURE:** predictions of what I accomplished during high school, what I want to do after high school, my long-range intentions, what I’m looking forward to; what I’m dreading; my goals, my hopes and fears for the world; college, marriage, employment, etc.
5. **POSTSCRIPT:** Type specific instructions at the bottom of your letter:
Example: “Go tell your favorite teacher goodbye.”
Or “Hug your teammates and stay in touch over the summer!”

