1.Yesterday I had done my

homework before going to bed.

2.It's possible that you have drank

too much caffeine.

3.We doubt that you all have done aerobics.

4.You have lifted weights and have stayed in good shape.

5.Bob has been under a lot of

pressure.

6.I had reduced my tension as a teenager.

7.It's important that you have tried

to be active.

8. You all have rushed to lose weight.

9.Tom has been a couch potato his

whole life.

10.He had sweat after he had done the stretching exercises.

- 11.They had had high cholesterol before they had eaten a balanced diet.
- 12.I don't believe that decaffeinated coffee has been good ever.